

A Matter of Balance 2016 Schedule of Classes

Windy Hill on the Campus

1472 Roth's Church Road, Suite 103

Spring Grove, PA

January 25 to March 21, 2016

Classes are held on Monday afternoons from 1 – 3 PM

York Township Park Building

25 Oak Street

York, PA

February 22 to March 16, 2016

Classes are held on Monday and Wednesday mornings from 10:30 AM – 12:30 PM

York Township Park Building

25 Oak Street

York, PA

March 28 to April 20, 2016

Classes are held on Monday and Wednesday mornings from 10:30 AM– 12:30 PM